

Toddler Programs

It Takes Two For Relay

Suggested Ages	Toddler
Books	<u>Two Little Trains</u> by Margaret Wise Brown
Materials	Balloons, felt or dry eraser board
Warm-up	Fingerplay
Fight Song	"One Fine Face" on <u>The Best of Elmo</u>
Main Event	<p>Explain that a relay race needs at least two on a team. Explore the different things that come in two's such as arms, ears, shoes, socks, etc. Read <u>Two Little Trains</u>. Have relay races. Divide the group into two teams. Place balloons (one for each child) in a laundry basket or box. On the start, have the first child on each team go to the box, get one balloon and run back to his/her caregiver. When caregiver gets back, the next child goes to the box and gets a balloon. Each child will have a balloon to take home.</p> <p>Draw outlines of various shapes on the eraser or felt board. Cut out matching shapes with tape on the back to stick to the eraser board. Give each child a shape. Caregiver and child go together and match the shape with the outline.</p>
Post Game Wrap-up	"One Fine Face"

Fingerplay

*Two little feet go tap, tap, tap,
Two little hands go clap, clap, clap,
A quick little leap up from the chair;
Two little hands fly up in the air.
Two little fists go bump, bump, bump,
Two little feet go jump, jump, jump,
One little body turns round, round, round,
And one little child sits quietly down.

*Reprinted with permission from the National Network for Child Care - NNCC.
Labensohn, D. (1986). Finger Plays and Action Verses for Children. Ames, IA: Iowa State University.

Hop, Skip, and Jump, Frog, Jump!

Suggested Ages	Toddler
Books	<u>Let's Play Hopscotch</u> by Sarah Hughes <u>Jump, Frog, Jump!</u> by Robert Kalan <u>No Jumping On the Bed!</u> by Tedd Arnold <u>Jump, Kangaroo, Jump!</u> by Kevin O'Malley <u>Hopscotch Around the World</u> by Mary D. Lankford
Websites	Hopscotch and Jump Rope Rhymes http://www.angelfire.com/ca3/shaynamaydle/jumprope.html
Fun Facts	When in Rome...play hopscotch! Did you know that even the Romans played a form of hopscotch? Read about it in <u>Hopscotch Around the World</u> .
Warm-up	Talk about how hopscotch is an old and popular game, and it's probably because of all the fun you can have just jumping. Do some warm-up jumps and stretches.
Fight Song	Hop Little Froggy (fingerplay) Hop little, hop little, hop little froggy. (hop fingers up arm) Don't be slow (shake index finger) And don't be soggy. (shake other index finger) Hop little, hop little, hop little froggy. (hop fingers) You'll have flies for breakfast! (spoon up flies) Hop little, hop little, hop little froggy. Don't be slow, and don't be soggy. Hop little, hop little, hop little froggy. You'll have flies for lunch! Hop little, hop little, hop little froggy. Don't be slow, and don't be soggy. Hop little, hop little, hop little froggy. You'll have flies for dinner, And ice cream for dessert! (rub tummy)
Main Event	Open with this activity from Hummingbirded.com We'll hop, hop, hop like a bunny (make hopping motions with hands) We'll run, run, run like a dog (make running motions) We'll walk, walk, walk like an elephant

(make walking motions)
And jump, jump, jump like a frog
(make jumping motions)
We'll swim, swim, swim like a goldfish
(make swimming motions with hands)
And fly, fly, fly like a bird
(make flying motions with arms)
We'll sit right down and fold our arms
(fold hands in lap)
And not say a word.

Read Jump, Frog, Jump by Robert Kalan. Have the children repeat the catchy phrases with you, or have the children jump along with the frog in the story. You can use it as a flannel board story or a can story. Make a fly, fish, snake, turtle, and kid characters. Also, throw in a small piece of fishing net.

Play a game...a Frog/Chant Game

One child sits in the middle of the circle, hiding eyes, crouched down into a ball. Everyone else chants:

Frog in the pond, fast a-sleep,
Frog in the pond, fast a-sleep,
Little frog if you're wise,
you will open up your eyes!
Hop, froggy,
Hop, froggy,
hop, hop, hop!

Child (frog) in the middle wakes up and "hops" on cue.
(*This is good with small groups.*)

Post Game Wrap-up

Wrap it up with a game of hopscotch outside, or you can play it inside by drawing the squares on a large sheet of butcher paper (make sure the children take their shoes off.) Another activity might be to do sidewalk "art" outside, allowing the children to use chalk to decorate your sidewalks!

Do Like A Duck Does...Swim!

Suggested Ages	Toddlers
Books	<u>Do Like a Duck Does!</u> by Judy Hindley <u>Sidney Won't Swim</u> by Hilde Schuurmans <u>Little Loon and Papa</u> by Toni Buzzeo <u>Maisy Goes Swimming</u> by Lucy Cousins <u>Froggy Learns to Swim</u> by Jonathan London
Websites	http://www.thebestkidsbooksite.com/
Fun Facts	Did you know that most primates, such as gorillas and orangutans, cannot swim? Some say that a sloth cannot swim. Can you think of some animals that can't swim? Can you think of some that can?
Warm-up	Make your grand appearance wearing a floatie (swim ring). Talk about all the things you do in order to get ready to go swimming, i.e. put on sunscreen, put on bathing suit, etc. Then you decide how you're going to swim. Have the kids help you. Will you swim like a duck, dog, or frog? Lead up to your song....
Fight Song	Have You Ever Seen a Duck...? (tune: Have You Ever Seen a Lassie?) Have you ever seen a duck, a duck, a duck? Have you ever seen a duck, swim this way and that? Swim this way and that way and that way and this way, Have you ever seen a duck swim this way and that? Have you ever seen a frog.... Have you ever seen a dog.... Etc. (make up your own motions) Find words and music to "The Swimming Song" here: http://www.songsforteaching.com/TLSSwimming.html
Main Event	Read <u>Do Like a Duck Does</u> . This story has great rhythm to it. There is lots of repetition, so have the children join in as you read. Storytelling: Did you know that bears can swim, too? Tell <u>Bear Story</u> (from Hummingbirded.com). Have the children stand up and do the motions with you as you tell the story. Once there was a little bear that was sleeping in his bed in his nice dark cave. "Have a little sleep bear, sleep bear, sleep bear."

Have a little sleep bear, sleep bear, sleep."
 The next day the sun came out, and the bear woke up and stretched.
 "Have a little stretch bear, stretch bear, stretch bear.
 Have a little stretch bear, stretch bear, stretch."
 And since it was a very sunny day the bear decided to go for a walk.
 "Have a little walk bear...."
 But this was a very active little bear, and soon he became bored with walking and began to run.
 "Have a little run bear...."
 And after all that running he was hot and sweaty. Before him was a big, cool lake, so what do you think he did? Yes! He jumped right in and swam!
 "Have a little swim bear...."
 And after he swam a little while he climbed out of the water, and he was all drippy wet. And do you know how bears dry themselves off when they are wet? Yes, they shake!
 "Have a little shake bear...."
 And after all that shaking he looked up and saw a taaall tree. You know how bears love to climb!
 "Have a little climb bear...."
 And when he got to the top do you know what he saw? Some golden, sweet, delicious HONEY! And you know how much bears love honey!
 "Have a little taste bear...."
 But you know wherever there is honey there are honeybees. And those bees did not like that bear messing with their honey. Do you know what bees do when they are angry? That's right, they sting!
 "Have a little sting bee...."
 The bear cried out, "OUCH!" (*sing fast and frantic*)
 "Have a little climb bear, climb bear, climb.
 Have a little shake bear, shake bear, shake.
 Have a little swim bear, swim bear, swim.
 Have a little run bear, run bear, run.
 Have a little walk bear, walk bear, walk."
 And the bear reached his cave and called out to his Mommy, "Mommy, Mommy! I went for a walk, and a run, and a swim, and I shook off, and then I climbed a tree, and I found some honey, and it tasted good. But the bees got mad, and one stung me on the nose!" And his mommy said, "Awww! Have a little hug bear, hug bear, hug bear. Have a little hug bear, hug bear, hug."

Post Game Wrap-up

Before letting children go, play a pretend game with them. Pretend that the library is an ocean and all of the books inside are the water. Tell the kids to be sure to jump in and take a read before they head home for the day!

Bowling

Suggested Ages	Toddler
Books	<u>I Can Bowl!</u> by Linda Johns <u>Bowling In Action</u> by Niki Walker
Materials	Empty 2 liter bottles or plastic bowling pins. Small plastic ball or child's bowling ball.
Warm-up	Fingerplay "I'm A Little Bowling Pin" Read <u>I Can Bowl</u> .
Fight Song	"Roll, Roll, Roll Your Ball"
Main Event	Bowling is a great team sport. Explain how the game is scored, with a strike being a good thing. Use <u>Bowling In Action</u> to help describe the game. Set up bowling lanes in your stacks and ask teen volunteers to be the pin setters. Tape circles on the floor to help them set the pins in the right place. Borrow a real bowling ball the kids can roll to see how heavy they really are. Practice walking up to the lane and not fouling out.
Post Game Wrap-up	Read <u>I Can Bowl</u> by Linda Johns

"Roll, Roll, Roll Your Ball"
(Sung to the tune of "Row, Row, Row Your Boat")

Roll, roll, roll your ball,
Gently down the lanes!
Hit the pins and get a strike,
And do it all again!

"I'm A Little Bowling Pin"

I'm a little bowling pin,
Standing straight and tall,
When the ball rolls down the lane
Shake and tremble I go!

Duck, Duck, Goose

Suggested Ages	Toddler
Books	<u>Duck, Duck, Goose!</u> by Kirsten Hall <u>A Lovely Day For Amelia Goose</u> by Yu Rong
Warm-up	Fingerplay "Quack Quack" from <u>Toddle On Over</u> by Robin Works Davis. Read <u>Duck, Duck Goose!</u> and <u>A Lovely Day For Amelia Goose</u>
Fight Song	"Five Little Ducks"
Main Event	Have children play "Duck, Duck, Goose". Children sit in a circle. One is chosen to be "wolf". "Wolf" walks around the circle tapping each child and calling them "duck" until they pick "goose", the one to chase them. If "wolf" gets back to goose's spot before being tagged, then the goose becomes "wolf". If "wolf" gets tagged, he/she sits in the center of the circle and the goose becomes "wolf" for the next round. The one in the middle has to stay there until another person is tagged, and he/she is replaced.
Post Game Wrap-up	Fingerplay "Quack, Quack"

"Quack Quack"

Now I'm up. (stand)
Now I'm down. (squat down)
See me waddle all around. (waddle)
Put my hands behind my back,
Like a duck, I'll say, Quack, Quack!

"Five Little Ducks"

Five little ducks went out to play (five fingers up, hand moving across)
Over the hill and far away. (both hands together motion over the hill)
Mother duck said "Quack, quack, quack", (arms straight out, clap hands together)
And four little ducks came running back. (four fingers up, hand moving across)
(Repeat and reduce the number of little ducks running back, to none).

(Sing Sadly)
No little ducks went out to play,
Over the hill or far away.
Mother duck said
'QUACK, QUACK, QUACK'!
And five little ducks came running back!

Hopscotch and Chalk

Suggested Ages	Toddler
Books	<u>Hopscotch Around the World</u> by Mary D. Lankford <u>Harold and the Purple Crayon</u> by Crockett Johnson <u>Hop, Jump</u> by Ellen Stoll Walsh
Websites	<u>http://www.streetplay.com/thegames/hopscotch.htm</u> <u>http://www.familyfun.com/crafts</u> - Homemade Chalk
Materials	Chalk,(homemade or store bought) Stones or other small items (beanbags, sticks etc.)
Warm-up	Do you enjoy playing games? How about making things? If you do, you will enjoy our program today. You will be helping to make chalk, and we will also be drawing and playing hopscotch!
Fight Song	"Five Little Frogs". The Singable Songs Collection.Rounder,1997. "Skip to my Lou" traditional
Main Event	Children can watch or participate in the actual making of the chalk. You may want to pre-draw the hopscotch playing board. Hand out pre-made chalk, and have areas outside designated for drawing.
Post Game Wrap-up	Pass out pre-made, homemade chalks or recipes for caregivers. A frog-themed treat would be great as well.

Hip, Hip Hooray!

Suggested Ages	Toddler
Books	<u>Louanne Pig in Making the Team</u> by Nancy Carlson <u>The All New Official Cheerleader's Handbook</u> by Randy Neil and Elaine Hart
Materials	Crepe paper, masking tape, string.
Warm-up	Demonstrate the "Library Cheer" by pantomiming, shouting and screaming cheers at a stadium.
Fight Song	"Who Let The Dogs Out" by Baha Men (or local school fight song)
Main Event	<p>Invite local cheerleaders to demonstrate and teach a cheer. Ask cheerleaders to make up a cheer for your library that can be used for the rest of the summer. Discuss the work and training involved in being a cheerleader. Have the kids learn a few cheerleading pompom routines.</p> <p>Make pompoms. In advance, accordion-fold sheets of crepe paper. Cut into thin strips about 18" long. The longer the strips, the bigger the pompoms. Gather in thick bunches, and fold in half. For the program, provide two "bunches" per child. Have caregivers and toddlers tie a piece of string around the folded strips, about 4" from the fold. With caregivers and cheerleaders helping, use wide masking tape to make handles for the pompoms.</p>
Post Game Wrap-up	Let toddlers do the library cheer with a routine from the cheerleaders.

Sample Cheers

Clifford the Dog!
Bambi the Deer!
All for books,
Stand up and CHEER!

(Replace first two lines with favorite book titles or story characters. Last word of the second line should rhyme with cheer)

"R" "E" "A" "D"
"R" "E" "A" "D"
Mom and Dad,
READ TO ME!

Toddler Football

Suggested Ages	Toddler
Books	<u>Kick the Football, Charlie Brown!</u> by Charles M. Schulz <u>Kick, Pass and Run</u> by Leonard Kessler <u>Miss Nelson Has a Field Day</u> by Harry G. Allard
Websites	<u>www.playfootball.com</u> <u>www.thebestkidsbooksite.com</u>
Materials	Footballs
Warm-up	Read <u>Kick the Football, Charlie Brown!</u>
Fight Song	"Football Buddy". Go Scotty and Lulu. Scotty and Lulu. Slurpy Sounds, 2001.
Main Event	Contact your local high school, college or professional football team. Ask them to volunteer their time to show the toddlers how they practice. Ask them to bring their pads and any equipment they would like. Have them demonstrate to the children what goes on in a huddle, what kind of equipment they wear, and how they scrimmage. Allow the children to "practice" with the team. High school teams would be especially good for this. This would also be a great opportunity for publicity. If you cannot get a team to commit, contact an old football coach or a father who played high school or college football.
Post Game Wrap-up	Let the kids have their pictures made with the team, or bring the children back together for a cool down fingerplay. Fingerplay Here is a big round bouncy ball I bounce it 1, 2, 3 Here is a ball for throwing I can catch it Watch and see Here is a ball for rolling Please roll it back to me Bouncing, throwing, rolling balls, Let's count them 1, 2, 3 (Perform actions indicated by rhyme)